

Shepherd's Pantry Help List

There are a number of ways to help keep Shepherd's Pantry fully stocked and operating. Thank you for considering any of the options below.

- Financial Contributions – money donations to the Pantry will be used to purchase food from the Tarrant Area Food Bank and other retailers, as well as diapers (which are the most expensive items we hand out).
- Food Contributions – while we get a significant amount of food from the Tarrant Area Food Bank, we must supplement that each week with purchases from local retailers. If you are interested in shopping for and delivering food to the Pantry, here is a list of items we need the most:
 - Canned Peas (15 oz)
 - Canned Tuna (5 oz)
 - Chicken Broth (14.5 oz)
 - Tomato Paste (6 oz)
 - Tomato Sauce (15 oz)

Food contributions can be dropped off at the Education & Ministry Offices building at 725 E. Lamar Blvd. Someone is generally present in the building between 9am and 3:30pm on weekdays. If you would like to drop them off at another time, contact Bruce Siefken or Pastor Mark (contact information is listed at the bottom of this sheet).

- Diaper Contributions – we attempt to give out diapers to every family that asks for them. We hand out a range of sizes, from newborn to toddler pull-ups. We will gladly accept any size diapers, with sizes 5 and 6 being what we go through the most. Any brand diaper is acceptable. Donations can be brought by at the times listed above for the food. Diapers can also be purchased online and mailed to the church. We have found that Walmart.com has the cheapest diapers, but any retailer is fine. The shipping address for the diapers is:

Shepherd of Life Lutheran Church
715 E. Lamar Blvd.
Arlington, TX 76011

- Boxes – we box up all of the food that we hand out, so we are going through over 200 boxes each week. The best boxes are medium sized that can fit 15 or so food items in them, like cans of vegetables and pasta.

For more information about the Food Pantry, please contact Bruce Siefken (Food Pantry Manager) at siefkenb@gmail.com or at 214-289-5168. You can also contact Pastor Mark Hadley at markhadley23@gmail.com or at 817-915-4001.